DIABETES COMPLICATIONS

- Stroke
- Blindness
- Heart attack
- Kidney failure
- Impotence
- Amputations

CONTROLLED DIABETES
- Fasting Blood Glucose < 6 mmol/L
- 2 Hour Post meal < 8 mmol/L
- HbA 1C < 7%

UNCONTROLLED DIABETES
- Fasting Blood Glucose > 8 mmol/L
- 2 Hour Post meal > 10 mmol/L
- HbA 1C > 8%

With the support of the World Diabetes Foundation