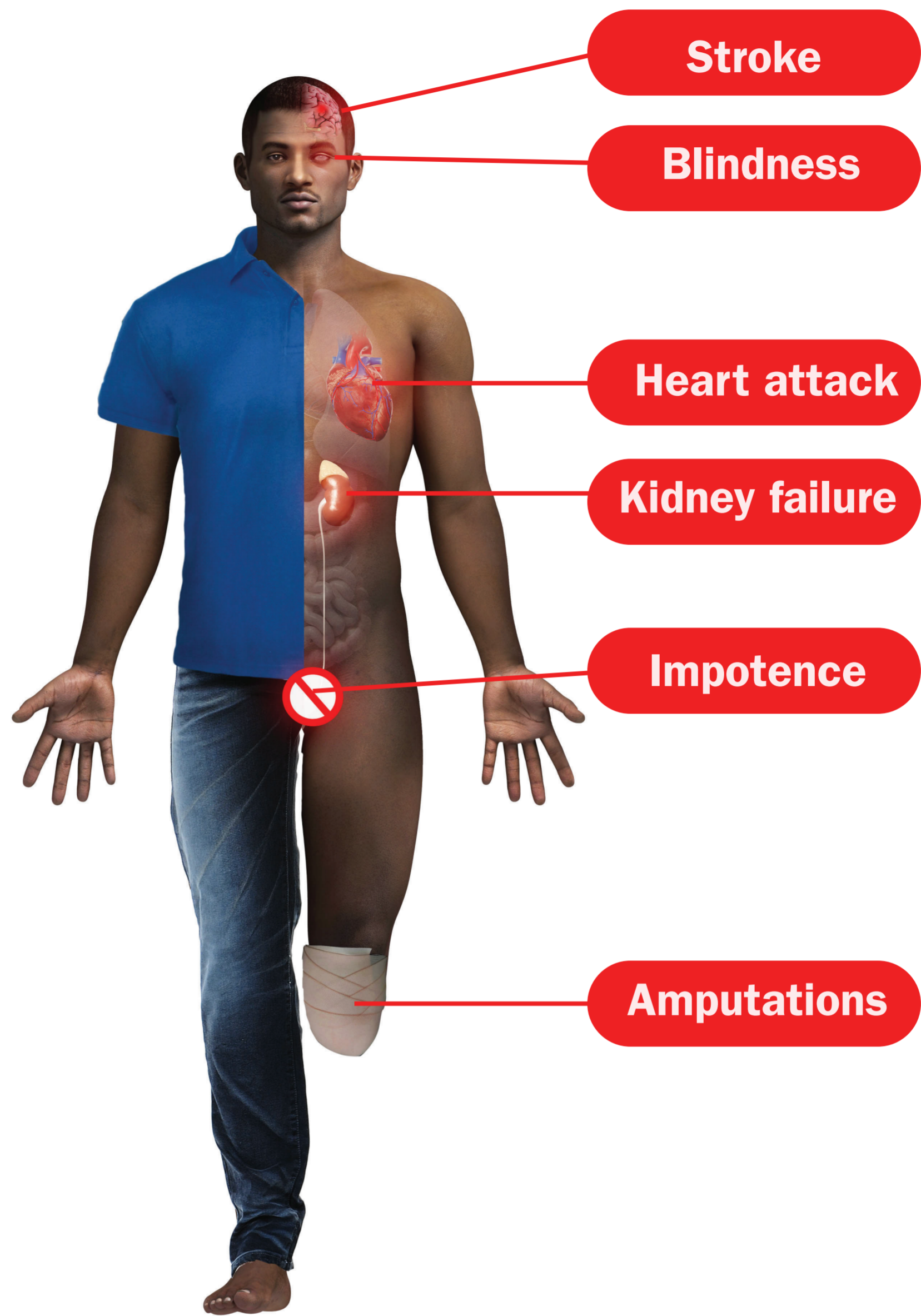


# DIABETES COMPLICATIONS



Stroke

Blindness

Heart attack

Kidney failure

Impotence

Amputations

## CONTROLLED DIABETES

Fasting Blood Glucose < 6 mmol/L  
2 Hour Post meal < 8 mmol/L  
HbA 1C < 7 %

## UNCONTROLLED DIABETES

Fasting Blood Glucose > 8 mmol/L  
2 Hour Post meal > 10 mmol/L  
HbA 1C > 8 %



With the support of the



WORLD **DIABETES** FOUNDATION