

WHAT ARE THE SIDE EFFECTS OF COVID-19 VACCINES?

Like with any vaccine, some people will experience mild to moderate side effects after being vaccinated against Covid-19. This is a normal sign that the body is developing a protection. Side effects of Covid-19 vaccines include;

- fever
- tiredness
- headache
- muscle ache
- chills
- diarrhoea
- pain or redness at the site of injection.



Not everyone will experience side effects. Most side effects disappear on their own within a few days.

You can manage any side effect with rest, plenty non-alcoholic drinks and by taking medication for pain and fever, if needed.

- If;
- you are worried that the side effects that you are experiencing are unusual,
 - the pain in the arm where you got the injection gets worse after 24 hours
 - your side effects don't go away in a few days,
- contact your healthcare provider for advice.**

More serious or long-lasting side effects of Covid-19 vaccines are possible but extremely rare. Vaccines are continually monitored for as long as they are in use, to detect and respond to rare adverse events.

CAN I GET VACCINATED AGAINST COVID-19 IF I AM PREGNANT?

Yes, you can get vaccinated if you are pregnant. During pregnancy, you are at higher risk of serious illness caused by Covid-19. You are also at higher risk of delivering prematurely your baby if you contract Covid-19.

SHOULD I GET VACCINATED IF I WANT TO HAVE A BABY IN THE FUTURE?

Yes, you should get vaccinated if you are planning to get pregnant. There is no current evidence that suggests the Covid-19 vaccines interfere with fertility or cause any problem to reproductive organs. Getting vaccinated is the best thing you can do to protect yourself and the future health of your baby.

SHOULD I GET VACCINATED AGAINST COVID-19 IF I AM BREASTFEEDING?

Yes, none of the current Covid-19 vaccines contain live virus in them. This means there is no risk of you to transmit Covid-19 to your baby through your breast milk. In fact, the antibodies you get after vaccination may go through your breast milk and help to protect your baby.

CONTACT US FOR MORE INFORMATION

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COVID-19 VACCINATION INFORMATION



HOW DO VACCINES WORK?

Vaccines teach our immune system to recognize the virus.

After being vaccinated and if we are exposed, our immune system recognizes, attacks and blocks the virus from attaching itself to the body cells.



WHAT ARE THE BENEFITS OF GETTING VACCINATED?

- Getting vaccinated could save your life. Covid-19 vaccines provide strong protection against serious illness, hospitalization and death.
- There is also some evidence that being vaccinated will make it less likely that you will pass the virus on to others, which means your decision to get the vaccine protects also those around you.
- Even after being vaccinated, keep taking precautions to protect yourself, your family, friends and anyone else you may come into contact with.
- Covid-19 vaccines are highly effective, but some people will still get ill from Covid-19 after vaccination.

WHO SHOULD GET VACCINATED AGAINST COVID-19?

WHO-authorized Covid-19 vaccines are safe for most people of 12 years and older, including people with pre-existing conditions of any kind such as autoimmune disorders. These conditions include;

- hypertension
- diabetes
- asthma
- pulmonary disease
- liver disease
- chronic infections that are stable and controlled.

Pfizer vaccine can be safely administered to children from 5 years of age.

Both Moderna and Pfizer vaccines are licensed for use in children from 12 years of age.



WHO SHOULD NOT BE VACCINATED AGAINST COVID-19?

There are very few conditions that would exclude someone from being vaccinated, but you should NOT be vaccinated if:

- You have a history of severe allergic reactions to any of the ingredients of the Covid-19 vaccine, in order to avoid possible adverse effects.
- You have a fever over 38,5°C the day of your vaccination appointment. Postpone the vaccination until you have recovered.
- You have Covid-19 currently been confirmed or suspected of Covid-19. Wait until you have completed the mandated isolation period and your acute symptoms have passed to get vaccinated.

Covid-19 vaccines are safe for people taking anti coagulants, but you should let the person giving you the vaccine know about any medication you are taking BEFORE you can get the vaccine.