

# Protect Yourself from Mpox

## Protect Yourself

- Get your **two-dose vaccine**.



### Vaccine Info

- » Scan the QR code to find mpox vaccine locations near you or visit: [www.cdc.gov/poxvirus/mpox/vaccines](https://www.cdc.gov/poxvirus/mpox/vaccines)

- **Know** your risk.

- » Mpox spreads through close, personal contact, including skin-to-skin contact and during sex.

- **Share** mpox information with others.

## Know Mpox Symptoms



**Rash**



**Fever**



**Headache**



**Aches**



**Chills**

**If you have close contact with someone who has these symptoms:**

- Check yourself for symptoms for 21 days.
- Get vaccinated.
- If you develop any of these symptoms, contact a healthcare provider to discuss testing.



- » Scan the QR code for information about what to do if you're exposed.

[www.cdc.gov/poxvirus/mpox/prevention/close-contact.html](https://www.cdc.gov/poxvirus/mpox/prevention/close-contact.html)